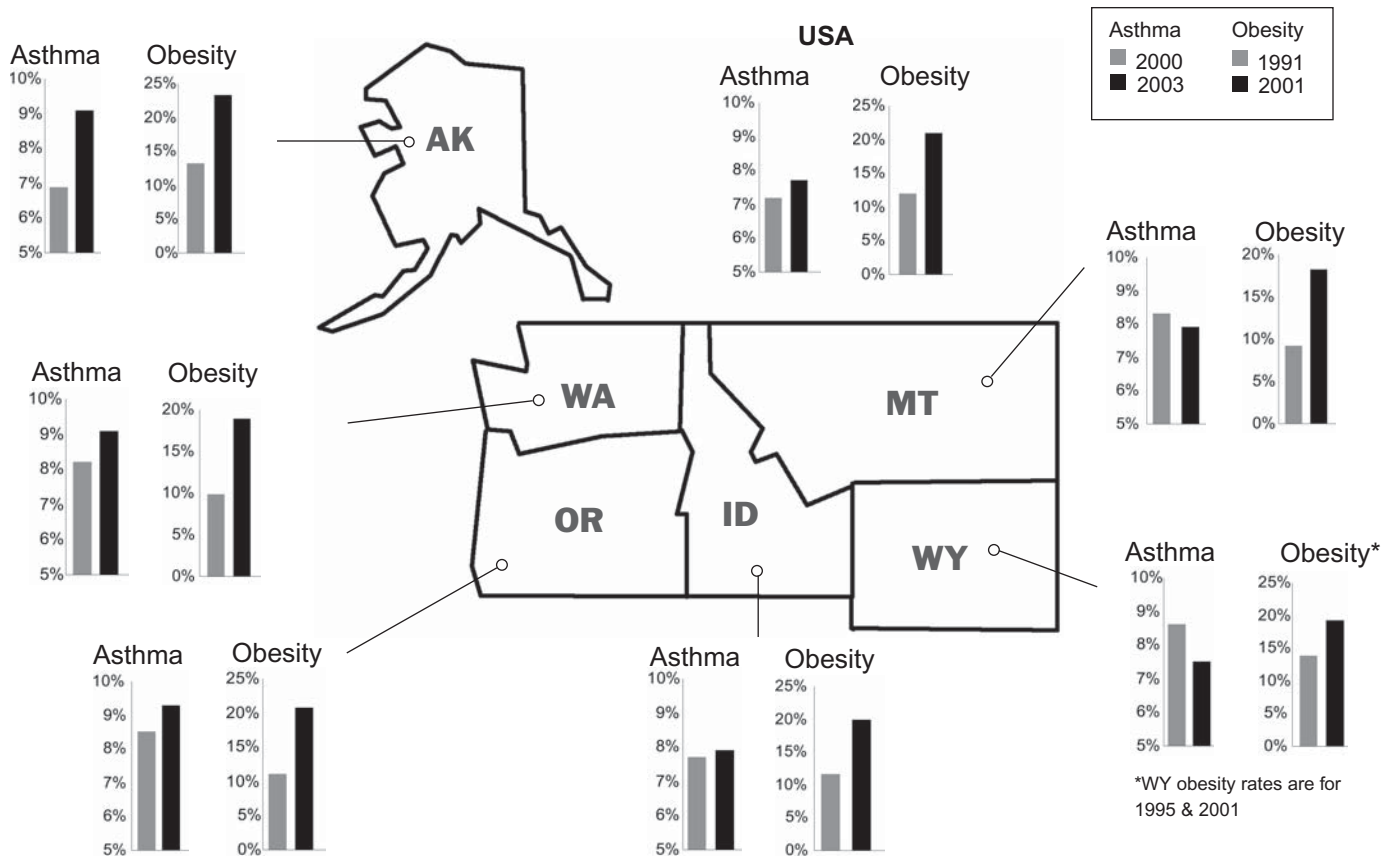


# Northwest Region at a Glance

## Changes in Asthma, Obesity, and Transportation



**Note:** Overweight and obese are defined as having a body mass index equal to 25.0 kg/m<sup>2</sup>; percentages are weighted to reflect population characteristics. Asthma data refer to adults who report having been diagnosed with asthma and who still have asthma.

**Asthma:** Adult self-reported current asthma prevalence rate (percent) by state. BRFSS 2001 and 2003. Air Pollution and Respiratory Health Branch. National Center for Environmental Health. CDC. [www.cdc.gov/asthma/brfss/default.htm](http://www.cdc.gov/asthma/brfss/default.htm). **Obesity:** 1991–2001 prevalence of obesity among U.S. adults by state. Behavioral Risk Factor Surveillance System (1991–2001), self-reported data. National Center for Chronic Disease Prevention and Health Promotion. Centers for Disease Control and Prevention (CDC). [www.cdc.gov/nccdphp/dnpa/obesity/trend/prev\\_reg.htm](http://www.cdc.gov/nccdphp/dnpa/obesity/trend/prev_reg.htm).

### Transportation to Work

	Alaska		Idaho		Montana		Oregon		Washington		Wyoming		USA	
	1990	2000	1990	2000	1990	2000	1990	2000	1990	2000	1990	2000	1990	2000
Drove alone (%) <sup>1,2</sup>	62.5	66.5	74.8	77.0	71.7	73.9	73.3	73.2	73.9	73.3	73.8	75.4	73.2	75.7
Public transportation (%) <sup>1,2</sup>	2.4	1.8	1.9	1.1	0.6	0.7	3.4	4.2	4.5	4.9	1.4	1.4	5.3	4.7
Walked or other means (%) <sup>1,2</sup>	19.7	16.2	11.3	9.6	15.8	13.6	10.6	10.5	9.3	8.9	11.4	10.0	8.2	7.4
Carpooled (%) <sup>1,2</sup>	15.3	15.5	12.0	12.3	11.9	11.9	12.8	12.2	12.3	12.8	13.5	13.2	13.4	12.2
Mean travel time to work (minutes) <sup>2,3</sup>	16.7	19.6	17.3	20.0	14.8	17.7	19.6	22.2	22.0	25.5	15.4	17.8	22.4	25.5

<sup>1</sup>Clara Reschovsky, "Journey-to-Work 2000" Census 2000 Brief, US Bureau of the Census, March 2004, [www.census.gov/prod/2004pubs/c2kbr-33.pdf](http://www.census.gov/prod/2004pubs/c2kbr-33.pdf). <sup>2</sup>Travel to Work Characteristics by State: 1990 Census, STF3c, Journey-to-Work and Migration Statistics Branch, Population Division, US Bureau of the Census, [www.census.gov/population/socdemo/journey/state.txt](http://www.census.gov/population/socdemo/journey/state.txt). <sup>3</sup>US Census Bureau: State and County Quick Facts. Data derived from Population Estimates, 2000 Census of Population and Housing, <http://quickfacts.census.gov>.

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