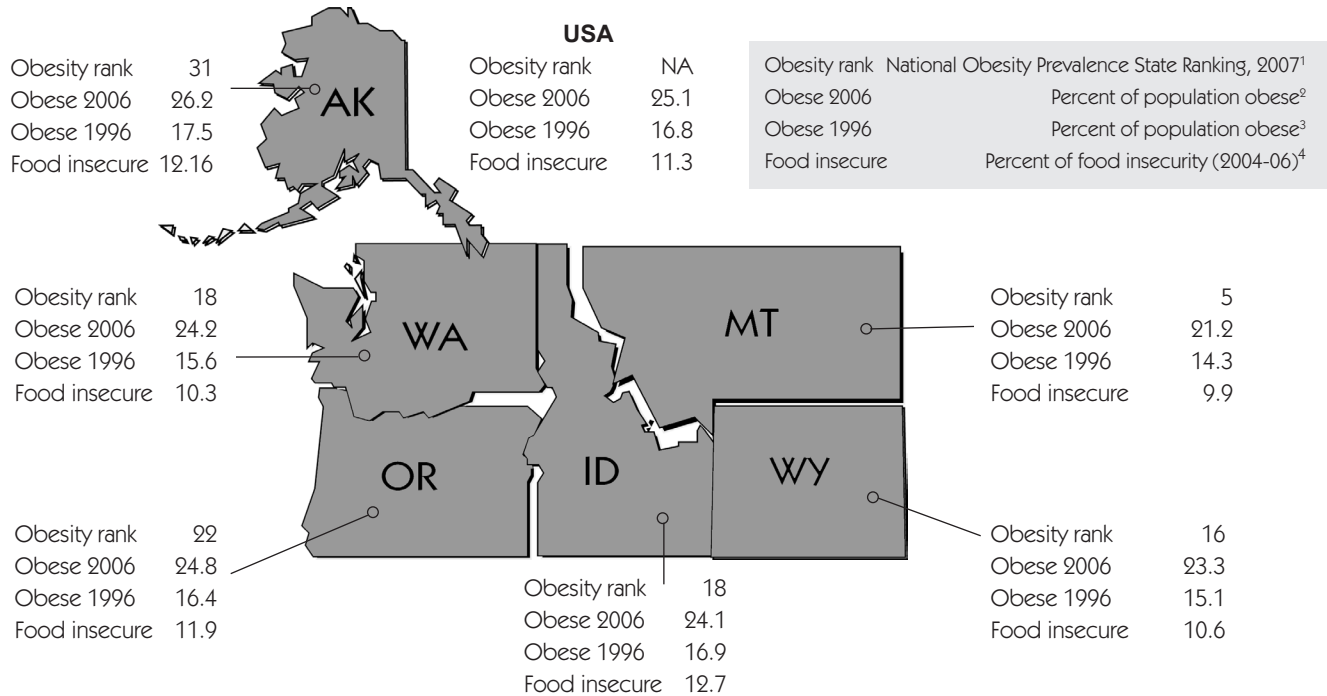


Obesity in the Northwest



Notes: Obesity ranking 1 is the lowest percentage and 50 is the highest percentage of obese population. “Percent food insecure” includes low and very low food security. Food insecurity is a household-level, economic and social condition of limited access to food.

Sources: 1. *America’s Health Rankings*, Prevalence of Obesity Summary. United Health Foundation, www.unitedhealthfoundation.org/ahr2007/obesity.html; 2. National Center for Chronic Disease Prevention & Health Promotion. Behavioral Risk Factor Surveillance System (BRFSS). Overweight and Obesity (BMI)—2006. apps.nccd.cdc.gov/brfss/list.asp?cat=OB&yr=2006&qkey=4409&state=All; 3. National Center for Chronic Disease Prevention & Health Promotion. BRFSS. Overweight and Obesity (BMI)—1996. apps.nccd.cdc.gov/brfss/list.asp?cat=OB&yr=1996&qkey=4409&state=All; 4. Appendix D—Prevalence Rates of Food Insecurity by State, 1996-98, 2001-03, and 2004-06, Table-D, *Household Food Security in the United States, 2006*. Economic Research Service, US Dept. of Agriculture, www.ers.usda.gov/Publications/ERR49/ERR49appD.pdf.

Social and Economic Indicators for Obesity

	AK	ID	MT	OR	WA	WY	USA
Below 125% poverty (%) 2001 ¹ ▼	11.9	16.9	20.2	16.5	15.0	12.7	16.1
Gini ratio*, household (1999) ² ▼	0.402	0.427	0.436	0.438	0.436	0.428	0.463
High school graduation rate (%) 2007 ³ ▲	67.2	81.5	80.4	74.2	74.6	76.0	74.3
Some leisure-time physical activity (%) 2005 ⁴ ▲	78.6	78.4	77.6	81.4	82.6	78.0	76.2
Eating 5+ fruits and vegetables per day (%) 2005 ⁵ ▲	24.8	23.2	24.7	25.9	25.2	21.8	23.2

▼ Lower numbers are better. ▲ Higher numbers are better.

* The Gini ratio (or index of income concentration) is a statistical measure of income equality ranging from 0 to 1. A measure of 1 indicates perfect inequality, i.e., one person has all the income, and the rest have none. A measure of 0 indicates perfect equality, i.e., all people have equal shares of income. www.census.gov/hhes/www/income/defs/gini.html.

Sources: 1. US Census Bureau. Annual demographic survey, Table 25. Poverty status by state, 2001. pubdb3.census.gov/macro/032002/pov/new25_001.htm; 2. US Census Bureau. Table S4. Gini ratios by state 1969, 1979, 1989, 1999. www.census.gov/hhes/www/income/histinc/state/state4.html; 3. United Health Foundation. www.unitedhealthfoundation.org/ahr2007/hsgrad.html#Table24; 4. National Center for Chronic Disease Prevention and Health Promotion. CDC. apps.nccd.cdc.gov/brfss/list.asp?cat=EX&yr=2005&qkey=4347&state=UB; 5. National Center for Chronic Disease Prevention and Health Promotion. CDC. apps.nccd.cdc.gov/brfss/years.asp?yr=2005&state=All&cat=FV.

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