

Integrating Equity into Public Health Practice

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This table lists the objectives and key concepts covered in each of the four educational training sessions held by the Washington State Department of Health, Office of Community Wellness and Prevention to address health inequities.

Training Session Objectives, Presenters, and Key Concepts				
Topic	Policies for health equity	Differences in Exposures & Vulnerabilities	Power dynamics & Social Stratification	Evidence-based Practice & Practice-based Evidence
Objectives	<ul style="list-style-type: none"> Review policy approaches to promote health equity. Understand the Canadian experience in policy development & what leadership was required 	<ul style="list-style-type: none"> Understand how social hierarchy is manifested in society as income inequality. Understand how it shapes access to health-promoting resources & exposure to health-damaging stressors 	<ul style="list-style-type: none"> Understand, cognitively and emotionally, social rank & status. Gain insight into the chronic stresses associated with low social status. 	<ul style="list-style-type: none"> Become familiar with a participatory approach to engage communities in efforts to reduce health inequities Understand current evidence on effectiveness of approaches
Presenters	Dennis Raphael	Steve Bezruchka	<ul style="list-style-type: none"> Leticia Nieto 	<ul style="list-style-type: none"> Corliss McKeever Bobbie Berkowitz
Concepts	<ul style="list-style-type: none"> Inequities in health outcomes and their connection to social policies Evidence of promising or effective strategies Successful policy implementation to address SDOH in Canada 	<ul style="list-style-type: none"> Health care expenditures & health outcomes: US/International comparisons. Income inequality & differential access to societal resources <p>Mechanisms: material deprivation, increased exposures to toxins, social exclusion, increased stress and adoption of unhealthy behaviors.</p>	<ul style="list-style-type: none"> Hierarchical power structures (agent/target dynamics) How does it feel? (excess chronic stress) How can we address structural oppression? 	<ul style="list-style-type: none"> Examples of outreach, education and organizing strategies and coalitions How to identify unlikely partners

For more information about the training, see the related article in the Spring/Summer 2008 issue of *Northwest Public Health* at www.nwpublichealth.org.